

CASEY COUNTY 4-H

DECEMBER NEWSLETTER



 Cooperative
Extension Service

Meagan K Foust

Meagan K. Foust

Extension Agent for 4-H Youth Development

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Thank you everyone for your generous donations for this year's Christmas Magic Campaign. Our 4-H Teen Council collected \$1552! All donations will be used to purchase items for families in need this holiday season.

**Cooperative
Extension Service**

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English.
University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.
Lexington, KY 40506



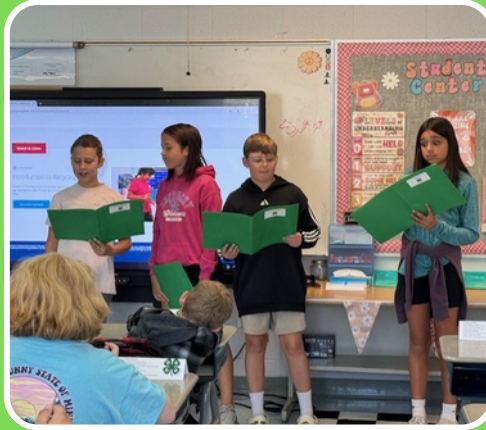
Disabilities
accommodated
with prior notification.

CONGRATULATIONS!

5TH GRADE 4-H SCHOOL CLUB OFFICERS!



JPE - Middleton



JPE - Clark



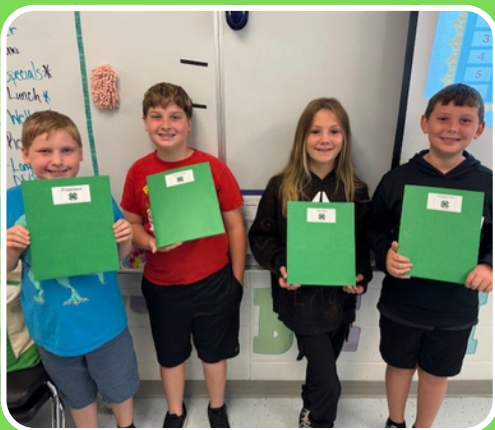
Homeschool 4-H



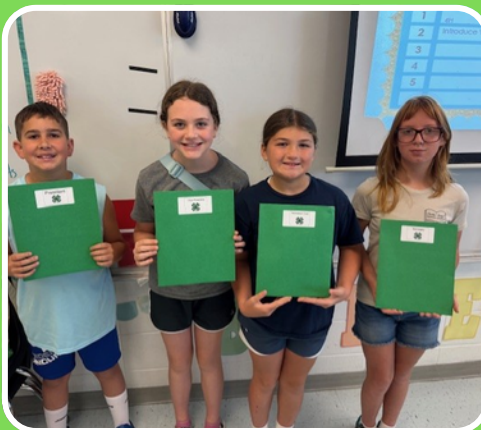
LES - Hale



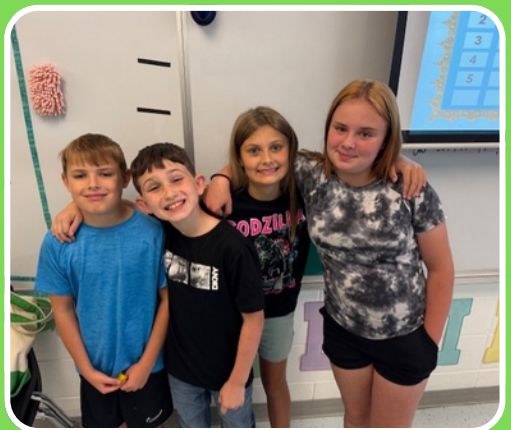
LES - Brown



WHE - Parker



WHE - Spaw



WHE - Wethington



Casey County 4-H TeamReach

Download the FREE TeamReach app to receive updates and information about upcoming 4-H and Extension Programs.

Search for the following codes and be added to begin receiving updates:

General Casey County 4-H Code: CaseyCo4-H

4-H Teen Council (6th-12th Grade) Code: CC4-HTeens

4-H Cloverbuds (5-8 year olds): CC4-HCloverbuds

4-H Horse Club Code: CC4-HHorse

4-H Camp Code: CC4-HCamp



Stay up to date
with 4-H and
Extension
Programs!

TEST YOUR TRIVIA!!

Casey County 4-H

Christmas



Trivia Night



Monday, December 15th - - 6:00pm
Casey County Extension Education Building

TEST YOUR KNOWLEDGE AT CHRISTMAS TRIVIA!

Prizes and bragging rights awarded to the winning team/individual. Teams no more than 4 people; you do not have to have a team to participate.
All ages are welcome!

Cost: \$5 per Person
All proceeds go to lower
the initial cost of 4-H Camp.

Let us know if you are planning to attend by calling 606-787-7384.

Enjoy a meal and support the Kentucky 4-H Horse Program!

DO GOOD WITH CHIPOTLE



CHIPOTLE FUNDRAISER FOR KENTUCKY 4-H HORSE PROGRAM EQUINE TASK FORCE

25% OF EVENT SALES GET DONATED TO THE CAUSE

WEDNESDAY, DECEMBER 17TH | 4-8PM
1584 LEESTOWN RD, LEXINGTON, KY, 40511

ORDER ONLINE FOR PICKUP USING CODE **CR2MCCD**
OR SHOW THIS FLYER IN RESTAURANT



CHIPOTLE

For online orders to count towards the fundraiser, they must be placed for pickup only from the restaurant location of, and during the hours of, the fundraiser. Delivery orders and gift cards do not qualify. \$150 minimum event sales required to receive any donation.

CASEY COUNTY PAWS & PURRS PRESENT

 **Martin-Gatton**
College of Agriculture,
Food and Environment
University of Kentucky



Santa Paws Holiday Pictures

FRIDAY | 19 DEC | 3:30PM - 7:30PM

held at the Central KY Ag/Epox Center - Pork Producers Building

PICTURES WITH SANTA - \$5

Pets **MUST** have an up-to-date Rabies vaccine.

BAKE SALE ITEMS

All proceeds will be donated to the Casey County Veterinary Services to spay/neuter stray animals as well as vaccinate and provide animal welfare.

Thank you to our Sponsors:



Angela Durham MD, PLLC

Central KY Dermatology

An Equal Opportunity Organization



COMING IN JANUARY!

Casey County 4-H

TABLE TOP Farms

OPEN TO AGES 7 AND UP



MONDAY, JANUARY 12TH - - 3:30PM - 5:00PM
IN THE CASEY COUNTY EXTENSION ED BUILDING

Join us as we use our creativity and farming toys to create a Dairy Farm Operation!

An Equal Opportunity Organization

CASEY COUNTY 4-H

LINE DANCE SERIES

OPEN TO AGES 9+

\$5 per person per class

Join us as we shake off the cooler temps learning new line dances! We will meet every Thursday for 4 weeks beginning **January 15th, 2026**.

6:00pm - 7:00pm
at the Casey County Extension Ed Building

Call Meagan Foust at the 606-787-7384 to sign up!

Casey County 4-H

AFTER SCHOOL LEGO CLUB

Tuesday, January 20th, 2026

3:30pm - 5:00pm

at the Casey County Extension Education Building

Join us as we test our creativity with a variety of challenges in building with LEGOS!

OPENS TO AGES 9 AND UP!

An Equal Opportunity Organization

Casey County

OUTDOOR ADVENTURE CLUB

Saturday, January 24th

meet at the Casey County Extension Office to carpool

WE'RE GOING VERTICAL!



Ready to reach new heights? Come learn the basics of indoor rock climbing, build confidence, and challenge yourself on the wall. Whether you're a beginner or already love climbing, this adventure is for you!

CLIMBING PRICE IS \$16-\$20 PER PERSON.

Contact us at 606-787-7384 to sign up and receive more information.

An Equal Opportunity Organization

4-H Horse Club

The 4-H Dream Team Horse Club meets the **THIRD** Tuesday each month and is open to ages 9-18!

PARENTS!!

INTERESTED IN GETTING INVOLVED? WE WOULD LOVE TO HAVE YOU! CONTACT MEAGAN FOUST AT 606-787-7384.

Give the
gift of
4-H Camp
to you
young
camper!



Lake Cumberland 4-H CLOVERBUD CAMP



JUNE
12TH - 14TH

*Save the Date for an UNFORGETTABLE
week at 4-H Camp!*



SAVE THE DATE!

Casey & Pulaski - 4-H Camp

July 27th - July 31st 2026



Mark your calendars to join
us for a week at the
Most Magical Place on Earth:
Lake Cumberland 4-H Camp!

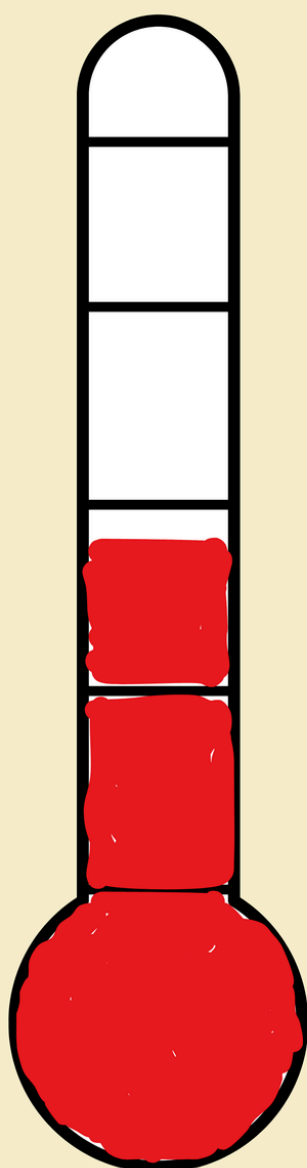


YOU
WON'T
WANT
TO MISS
THIS!

Through fundraisers and grants, we have raised over \$5200 to provide a \$90 discount for 57 campers.

4-H CAMP *Fundraising*

Help us lower the initial cost of 4-H Camp from \$340 to \$250 for all our campers!



\$9000

100 campers will receive \$90 off.

\$7500

83 campers will receive \$90 off.

\$6000

66 campers will receive \$90 off.

\$3500

38 campers will receive \$90 off.

\$2000

16 campers will receive \$90 off.

In addition to this discount campers will still be able to apply for additional financial assistance through a scholarship application.

Help us lower the 4-H Camp cost from \$340 to \$250!

THE DINNER TABLE PROJECT

NEWSLETTER

DECEMBER
2025

Easy Vegetable Soup

Ingredients

- 1 small can of vegetable or tomato juice (5.5 ounces)
- 1 large can of mixed vegetables (15 ounces)
- 1 teaspoon of herbs (garlic or onion powder, basil, oregano, and thyme)

Directions

Step 1: Combine vegetable or tomato juice, mixed vegetables, herbs/spices in a microwave safe bowl or on stovetop in saucepan.

Step 2: Heat in microwave for 90 seconds to 2 minutes or on stovetop until warm.

Step 3: ENJOY!



More Info [Here!](#)



Conversation Starters

- **Would you rather...** have a hot tub all winter or a swimming pool all summer?
- What is your favorite **dance song**? Who sings it?
- What is your **favorite thing** to do with your friends?

Questions to Ask Everyday

- What are **3 things** for which you are thankful today?
- What did you **learn** today?
- How did you make **someone smile** today?



KENTUCKY
REGIONAL
PREVENTION
CENTERS





WISHING EVERYONE A SAFE
AND HAPPY HOLIDAY SEASON!