

CASEY COUNTY 4-H NOVEMBER NEWSLETTER



Cooperative
Extension Service

Meagan K Foust

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Extension Agent for 4-H Youth Development

IN THIS ISSUE

- 4TH GRADE 4-H SCHOOL OFFICERS
- DATES FOR 4-H CAMP!
- UPCOMING PROGRAMS
- 4-H CALENDAR

GET YOURS BEFORE
THEY'RE GONE!



Thank you to everyone who visited the 4-H Teen Council's Haunted Trail! We raised over \$1500 to help pay for future leadership opportunities.

Cooperative
Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

Lexington, KY 40506



Disabilities
accommodated
with prior notification.

CONGRATULATIONS!

4TH GRADE 4-H SCHOOL CLUB OFFICERS!



JPE - Casey



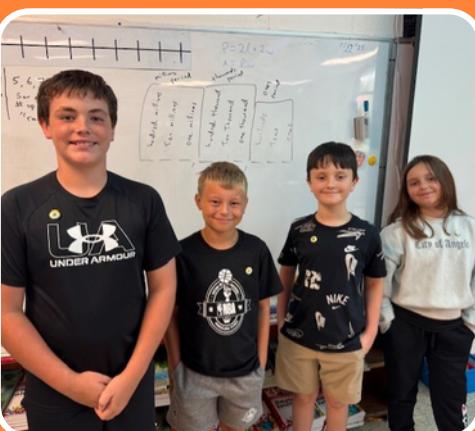
JPE - Chumbly



JPE - Evans



LES - Blakeman



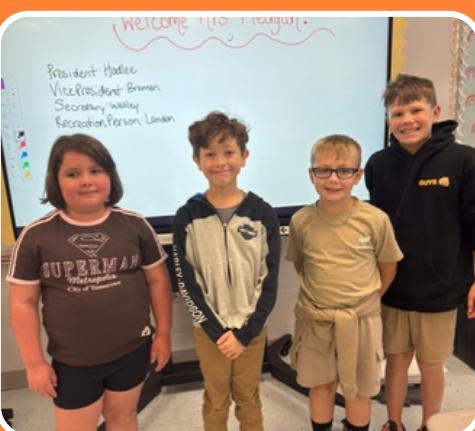
LES - Brown



LES - McGowan



WHE - Jaynes



WHE - Lucas



WHE - Wheeler

YOU
WON'T
WANT
TO MISS
THIS!

Lake Cumberland 4-H CLOVERBUD CAMP



JUNE
12TH - 14TH

Save the Date for an *UNFORGETTABLE* week at 4-H Camp!



SAVE THE DATE!

Casey & Pulaski - 4-H Camp

July 27th - July 31st 2026

Mark your calendars to join us for a week at the Most Magical Place on Earth: Lake Cumberland 4-H Camp!



18 USC 707

More info
will be
available
after the
New Year





Casey County 4-H TeamReach

Download the FREE TeamReach app to receive updates and information about upcoming 4-H and Extension Programs.

Search for the following codes and be added to begin receiving updates:

General Casey County 4-H Code: CaseyCo4-H

4-H Teen Council (6th-12th Grade) Code: CC4-HTeens

4-H Cloverbuds (5-8 year olds): CC4-HCloverbuds

4-H Horse Club Code: CC4-HHorse

4-H Camp Code: CC4-HCamp



*Stay up to date
with 4-H and
Extension
Programs!*

COMING IN JANUARY!

CASEY COUNTY 4-H LINE DANCE SERIES

OPEN TO
AGES 9+



\$5 per
person per
class

Join us as we shake off the cooler temps learning new line dances! We will meet every Thursday for 4 weeks beginning **January 15th, 2026**.

6:00pm - 7:00pm
at the Casey County Extension Ed Building

Call Meagan Foust at the 606-787-7384 to sign up!

Please sign up prior to attending!

Super Star Chef



Kneads Some Dough

November 17th, 18th, & 19th, 2025
3:30pm to 5:30pm

at the Casey County Extension Education Building



**JOIN US AS WE DEVELOP OUR
KITCHEN SKILLS BY FOCUSING
ON BAKING AND DOUGHS!**

Monday



Cookies

Tuesday



Quick Breads

Wednesday



Cakes

This 3-day
program is
FREE!

Limited to 20 Participants!

All participants MUST sign up prior to attending. Please register NO LATER than November 12th.

Stop by to
visit our
4-H Teen
Council
members
and donate
to help our
families!



CASEY COUNTY 4-H TEEN COUNCIL



Christmas Magic

OUR 4-H TEEN COUNCIL WILL BE RINGING BELLS AT
THE LISTED LOCATIONS AND TIMES COLLECTING
DONATIONS FOR CASEY COUNTY FAMILIES IN NEED.

Save-a-Lot

November 7th 3:30pm - 5:30pm
November 14th 3:30pm - 5:30pm
November 21st 3:30pm - 5:30pm

Tractor Supply Company

November 6th 3:30pm - 5:30pm
November 11th 3:30pm - 5:30pm
November 13th 3:30pm - 5:30pm
November 18th 3:30pm - 5:30pm
November 20th 3:30pm - 5:30pm
November 25th 3:30pm - 5:30pm

IGA

November 10th 3:30pm - 5:30pm
November 12th 3:30pm - 5:30pm
November 17th 3:30pm - 5:30pm
November 19th 3:30pm - 5:30pm
November 24th 3:30pm - 5:30pm
November 26th 10:00am - 12:00pm
12:00pm - 2:30pm
2:30pm - 5:30pm



4-H COUNTRY HAM PROJECT

DEADLINE TO REGISTER: DECEMBER 5TH

Applications are available at the Casey County Extension Office located at 1517. S Wallace Wilkinson Blvd., Liberty.

Payment and contracts MUST be turned in to the Casey County Extension Office by the deadline to participate in the 2026 project.



CALL
606-787-7384
FOR MORE
INFORMATION!



\$75 for 2 hams - 4-H Youth

Youth have specific requirements including ham workmanship, competing in a local speech contest, and giving a speech at the Kentucky State Fair.

\$50 for each ham Adults OR Cloverbuds!



An Equal Opportunity Organization

Questions?
Call the
Casey
County
Extension
Office at
787-7384.

We hope to see you on December 15th!
More dates will be shared soon.

Casey County 4-H presents

TRIVIA NIGHT!

6:30pm at the Casey Co. Extension Education Building

Each month is a different trivia theme!

**December
15th**



March



January



April



February



May



\$5 per person (cash only)

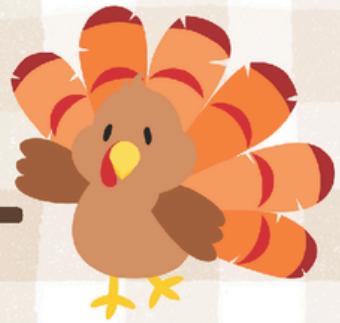
Teams no larger than 4 people. You do not
have to have a team to participate!

Concessions will be available for purchase.

**All proceeds help
lower the cost of
4-H Camp**

NOVEMBER 2025

THE DINNER TABLE PROJECT



A PROGRAM TO ENCOURAGE FAMILIES TO EAT TOGETHER,
HAVE FUN, AND GROW CLOSER THROUGH CONVERSATION.

Pumpkin Pancakes

Servings: 12

Serving size: 2 small pancakes

Ingredients

- 2 cups flour
- 2 TBSP brown sugar
- 1 TBSP baking powder
- 1 ¼ tsp pumpkin pie spice
- 1 tsp salt
- 1 egg
- ½ cup canned pumpkin
- 1 ¾ cup milk
- 2 TBSP vegetable oil

Directions

1. In large bowl, combine flour, brown sugar, baking powder, spice, and salt
2. In another bowl, combine egg, canned pumpkin, milk, and oil
3. Add wet ingredients to dry ingredients. Stir until moist.
4. Lightly coat pan with cooking spray or butter. Heat on medium
5. Drop batter into pan by tablespoon. Cook until golden brown on both sides. Flip when edges start to bubble.



Conversation Starters

- **Would you rather...** share your bedroom with a pet skunk or a pet porcupine?
- If you could design your own **board** or **video game**, what would your game be like?
- If you could describe your day with a **facial expression**, what would it look like? Can you make that face now?

Questions to Ask Everyday

- What are **three things** for which you are thankful today?
- What did you **learn** today?
- How did you make **someone** smile today?



Pinecone Hedgehogs

Materials

- Pinecones
- Brown and beige felt
- Googly eyes
- Scissors
- Hot glue gun (with adult supervision)

Directions

- Prepare the felt to make the face: cut a small oval shape from the beige felt. Cut two small ear shapes from the brown felt.
- Assemble the face: glue the googly eyes onto the beige oval. Attach the brown ears to the top of the oval.
- Attach the face to the pinecone: Glue the completed face onto the pointed end of the pinecone



Developmental Relationships

Developmental relationships help young people grow and build resilience, no matter their background. These connections help them **understand** who they are, **build skills** to shape their future, and **learn** how to connect with and give back to others.

Search INSTITUTE

Share Power- Collaborate

Create opportunities for your child to **take action** and **lead**.



DTP on The Go

November is a great month to self-reflect on things you are grateful for. Creating a family **Blessing Box** for the month of November is a great way for family members to share things they are grateful for each day of the month. All family members can work together to create and design their individual or family Blessing Box. To make it more individual families can use color paper, stickers, paint, or markers. Beside the Blessing Box, place a stack of paper or post it notes for family members to write on and then place their blessings in the box. Traveling in a car is a great environment for caregivers to share and encourage youth to identify and explore things they are grateful for. Thanksgiving Dinner is a great opportunity for families to open the Blessing Box and share their individual or family blessings that were added to their individual or family Blessing Box.



dinnertableproject.org



November

2025

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2	3	4	5	6	7
Warren County 4-H Teen Council Exchange	WHE 5 th 4-H School Clubs 6pm 4-H Teen Council	WHE 5 th 4-H School Clubs 6pm 4-H Teen Council	LES 3 rd 4-H School Clubs 5pm Cloverbuds	JPE 4 th & 5 th Grades 4-H 5pm 4-H Horse Club	LES 5 th 4-H School Clubs 5pm 4-H Horse Club - making Fudge	Outdoor Adventure Club Hike at Yahoo Falls
9	10	11	12	13	14	15
WHE 4 th 4-H School Clubs 5pm Cloverbuds	LES 3 rd 4-H School Clubs 3:30pm SSC Kneads Some Dough	LES 3 rd 4-H School Clubs 3:30pm SSC Kneads Some Dough	JPE 4 th & 5 th Grades 4-H 5pm 4-H Horse Club	Homeschool 4-H Club JPE 3 rd Grade Health Ambassadors Presentation	WHE 3 rd 4-H School Clubs 3:30pm SSC Kneads Some Dough	WHE 3 rd 4-H School Clubs 3:30pm SSC Kneads Some Dough
16	17	18	19	20	21	22
JPE 3 rd 4-H School Clubs 3:30pm SSC Kneads Some Dough	JPE 3 rd 4-H School Clubs WHE 3 rd Grade Health Ambassadors Presentation 5pm 4-H Horse Club	WHE 3 rd 4-H School Clubs WHE 3 rd Grade Health Ambassadors Presentation 5pm 4-H Horse Club	WHE 3 rd 4-H School Clubs WHE 3 rd Grade Health Ambassadors Presentation 5pm 4-H Horse Club	WHE 3 rd 4-H School Clubs WHE 3 rd Grade Health Ambassadors Presentation 5pm 4-H Horse Club	Truth & Consequences for 9 th Grade	Happy Thanksgiving!
23	24	25	26	27	28	29
LES 4 th 4-H School Clubs	LES 3 rd Grade Health Ambassadors Presentation	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
30						

Wishing everyone a Happy Thanksgiving!

